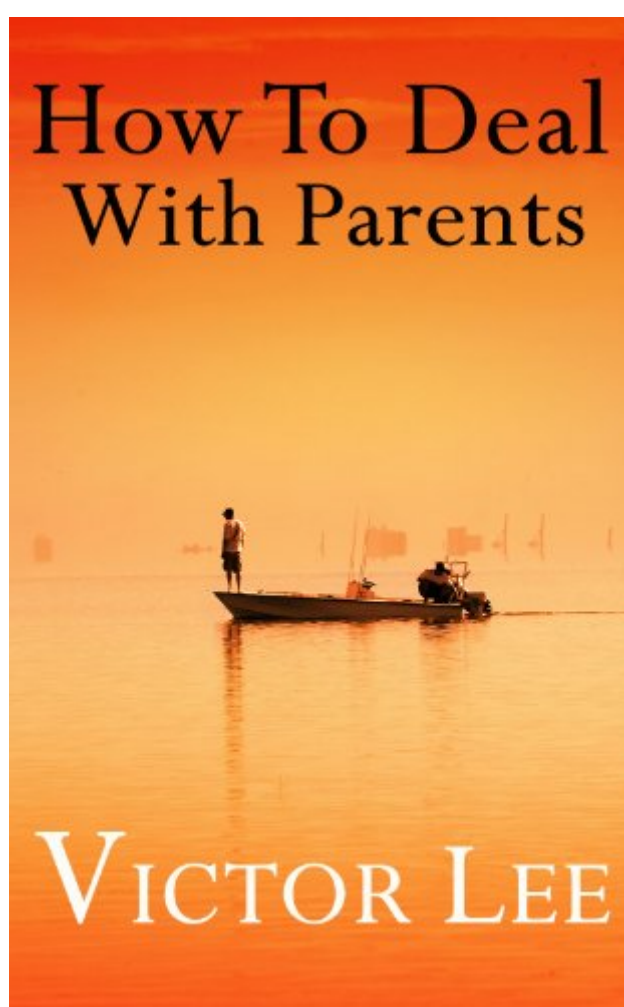


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# How To Deal With Parents - A Guide To Dealing With Parents And Having A Quality Relationships With Them (Youth Spirituality Series Book 4)



## Synopsis

Do You Have Trouble Talking To Your Parent? Feel That Your Parents Are Being Overly Critical Of You? Want To Have A Better Relationship With Your Parents? Dealing with difficult parents is something many teenagers face. It is very difficult when a teenager were to deal with their parents because certain parents have a lack of communication with them. Because of the lack of quality communication, many teenagers feel that their parents don't care about them. However, most of the time, it is simply because a lack of effective communication. Dealing With Difficult Parents Without a doubt, dealing with parents is something that is very skillful. It is something difficult for teenagers to understand because parents want the best for their children but have trouble articulating. In "Rachel Hates Herself", the author shares a story of a girl who suffers from depression because of her parents incessant demands of her to do well in her studies. For many teenagers, this is because there is a conflict. The parents want certain things for their children while the child wants some other things. In the chapter "A Note To Parents" shares a wonderful idea about parenting, with a poem. For teenagers reading this book, you would learn to go into the mind of your parents. This is in the chapter of "Understanding Your Parents" and "Five Tips To Dealing With Parents Effectively". In the most powerful chapter of the book, teenagers would learn how to gain a different perspective and forgive their parents for their past mis-doings "Forgiving Your Parents". In the very last chapter of the book "Common Concerns Teenagers Face", parents would learn to better accept the problems that teenagers face as well. Without a doubt, How To Deal With Parents For Youths is a book that both parents and youngsters/teenagers should read. These book would help clarify these questions: How To Fix A Broken Relationship With Your Parents? How To Do What You Love Without Disappointing Your Parents? How To Communicate With Your Parents More Effectively? How To Deal With Demanding Parents How To Deal With Parents For Youths helps gives you some great ideas on improving the quality of the communication with your parents and vice versa.

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